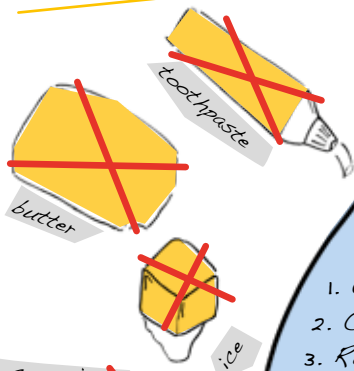


# Burns

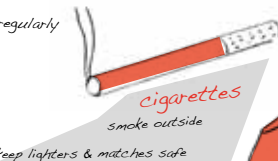
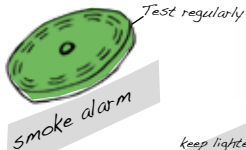
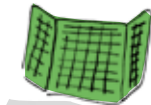


Never place on a **Burn**

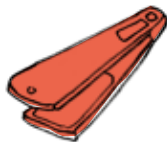


~~Turmeric  
Tea leaves  
Nappy Cream~~

Always have



Avoid



hot drinks  
keep off the floor and out of reach

Chinese lanterns  
fire hazard  
adult supervision



radiator  
turn thermostat down



## Be Safe

1. On fire-stop drop & roll
2. Cool it down
3. Remove any clothing that is not stuck
4. Immediately place under cool running water for at least 20 minutes
5. Cover the burn loosely with cling film or a plastic bag
6. Seek medical advice - NHS  
Direct: 0845 4647
7. Pain Killers

Never run the **hot tap** alone when preparing a **bath** - or leave **children** unattended  
Keep **Children** out of reach whilst **cooking**